

Relating with Heart is a **comprehensive four weekend program** for couples who want to expand their capacity for **satisfaction, pleasure, mutual support and intimacy.**

The group setting greatly accelerates learning and integration. However, your work with your partner will be private.

WHY THIS PROGRAM?

- ✓ Practical education and skill-building, not therapy
- ✓ **Highly rated and effective**—see testimonials
- ✓ Meaningful change for a modest investment of time and money
- ✓ Successfully breakthrough difficult topics
- ✓ **Remarkable experiences that reveal heartfelt depths**
- ✓ Enhanced intimacy—experience treasuring each other again
- ✓ Great adjunct and accelerator to private therapy
- ✓ Limited to eight couples, so you can have the benefit of **personal attention and support**

Weekend One

BASIC TRUE LOVE

This brief weekend can also be taken as a stand-alone seminar.

This is a foundational experience that provides the ability to listen, confide and resolve differences with much greater ease and effectiveness. The skills are grounded in on-going relationship practices to **deepen the level of connection, trust and openness** over time.

- Useful tools to quickly clear up hurts and misunderstandings
- Enhance your capacity to stay calm and present
- **Express your truth in an undeniable way**—create alignment rather than resistance, especially about things that really matter
- Simple, yet powerful, practices to **increase your pleasure and joy**
- Reconnect with what brought you together in the first place—make a dramatic difference in the way you feel about each other

You will not be asked to share about your relationship in front of others—your work together will be private. There will be a safe and supportive opportunity to address a core issue or need for change. You will experience a fundamental shift, even with long-standing or intractable differences.



Participant experiences BASIC TRUE LOVE

“ I enjoyed the intentional, comfortable intensity of two days focused on our marriage. It was a great weekend!

I love the humor. Seeing you model working through real life issues was an inspiration and a huge help.

A magical weekend... masterful. Amazingly effective, simple, deep and useful.

Great material presented in an entertaining way. I appreciated the heart and vulnerability you modeled.

An ideal way to learn practical ways to improve communication, understanding, empathy and intimacy.

A power-packed course... genuine, authentic and amazing.

Useful not just to love relationships, but also to parents and professionals—anyone wanting to connect with others.

My only regret is not having these skills a long time ago.

9+

Average rating for overall value of this course (scale of 1-10)

Participant experiences
MASTERING DIFFERENCES

“ I loved everything about this experience! I have learned more about myself, my partner and how to work through some really tough things in a much more graceful manner.

I have so much more understanding and compassion for my partner now.

With the Enneagram you see into the depths of yourself and everyone around you. Other systems pale to insignificance in comparison.

Participant experiences
PLEASURE AND PASSION

“ The insights and personal experiences were impactful and have already helped us solve some serious issues—a valuable and fun weekend. A safe place to explore sexuality, sensuality and passion with many useful tools. We have discovered more intimacy than has been present in 28 years... very, very heartwarming.

I so appreciate the time, effort, energy and thought you have put into these weekends. We have had a major and wonderful breakthrough. I am feeling happy, alive and very much connected to my wife.

I went in with my defenses up and a firm belief that I was the victim of unfair treatment by my wife. I came away humble and hopeful.

Weekend Two
EMBRACING DIFFERENCES

Find renewed **appreciation, enjoyment and humor** in the ways you are different from each other—your challenges as well as your strengths. Continue to develop your confidence and sustain your ability to use the skills you learned in Basic True Love.

- Unlock the doors to understanding yourself and your partner through the Enneagram, so that your differences become a vehicle for **growth and understanding**
- **Shine a healing light** on shame, fear and anger so that you no longer need to hide or compensate—become a reliable source of comfort for each other
- **Confidently resolve problems** in a way that brings you closer together—so that you no longer need to dance around them or live with chronic grievances

Weekend Two provides essential information for anyone who wants to truly understand what makes other people tick. This includes your spouse and other family members, friends and colleagues—the Enneagram is a **potent tool for being more effective** with people.

Weekend Three
PLEASURE AND PASSION

Enhance the pleasure of your intimate connection in all dimensions:

- Love and romance
- Sex and sensuality
- Healthy attachment and bonding

Find ease with speaking openly about your sensual and sexual preferences as you intensify your love-making to be even more **intimate and fulfilling**.



- Discover new ways to keep your connection fresh and exciting, even when you are stressed and busy
- Bridge discrepancies in desire—so you can avoid feeling rejected or inadequate
- Learn fun ways to **heighten your sense of mystery, adventure and fun** without sacrificing comfort and security
- **Reconnect with what you treasure** about your partner, so that your day-to-day life is an ongoing romance

PASSION AND PURPOSE

Weekend Four
LIFE PATH AND MISSION

Connect with your highest calling and delights—open up new levels

- **Creativity** and Fulfillment
- Peace of Mind and **Joy**
- **Integrity**—based on your shared values



Continue to hone and refine your ability to create the relationship you truly desire—to sustain enduring love.

- Reignite your aspirations and passions with the support and commitment of your partner—now, not someday
- Break the hold of negative patterns inherited from the past—free yourself at a fundamental level
- Get clear about your mission and values as a couple and a family—design **a life that is purpose-driven and fulfilling**



This work also provides parents and other family members a way to productively engage around values and decision-making. As a parent you will be delighted to have this tool for engaging with your children so that you **come together around your best dreams and intentions.**

How did the rose ever open its heart and give to this world all its beauty? It felt the encouragement of light against its being. Otherwise, we all remain too frightened. —Hafiz



Participant experiences
LIFE PATH AND MISSION

“ Above all else I’ve learned that true love is possible, that it is not just gifted in packages for the lucky. It’s there for anyone who is courageous enough to pursue it!

Taking what we learned to our children has opened up lively family discussions, as well as fun and creative ways for us to engage together—that affirm our values. Lots of honesty, humor and gratitude.

It’s beautiful to go through this course with other couples. Gratitude, love, commitment and self-discovery keep growing.

Participant experiences
REGARDING THE LEADERS

“ Michael and Robin are masters. They complement each other beautifully. Each of them can stand on their own, but as a team they are dynamic. Outstanding clarity, presenting, knowledge of material, support and coaching.

Your warmth and kindness, your faith in me, in this work, and in goodness are contagious. Your astounding courage and integrity has cast a beam of light into the shadowy places in yourself—myself—with acceptance and perspective that leaves no room for shame; only illumination, compassion, growth and humor.

I am stunned and deeply grateful for what we have received here.

Continued on next column

“ I would recommend your courses to anyone seriously wanting to work on their relationship. Your gentleness, kindness and clarity helped cut through my confusion and fear. Your integrity and honesty about everything—from anger to vulnerability—showed me that it is all right to be deeply human, feel it and show it.

You have led us through an amazing journey. I appreciate your knowledge of various tools, your attentiveness to each person and each couple, and your authentic leading by example.

Excellent complementary strengths, styles and backgrounds; their ability to model the tools was superb. Integrity, commitment and responsiveness to group input were all great. Their honesty, openness and courage created a safe environment for deep exploration, mutual support and trust.

We could not make our marriage work or get back on the right track without this. I have a better understanding of my responsibility in our conflicts.

I never imagined that we could make this much progress. I am impressed and grateful for all the effort, love, and knowledge you bring to these weekends. The tools are amazing, but your dedication to every participant is what makes the magic.

Instrumental in saving, revitalizing, renewing and redirecting our marriage. The material is excellent, well-rounded and varied.

Gave me hope that the realization of love can actually be greater than its promise.

Robin and Michael MAKING IT REAL

Although we wish it were not necessarily so, we have faced difficult life challenges that often end marriages and relationships. Being tempered by loss and difficulty makes it easier for us to accept and provide comfort and nurture for other couples.

We are **lead trainers and curriculum developers** for the national PAIRS organization, certifying psychologists, social workers, religious leaders and military chaplains as licensed PAIRS (Practical Application of Relationship Skills) leaders.

- 20+ years of experience working with more than 1000 couples
- A dozen different certifications in the fields of communication and marriage education
- Committed to the development and delivery of practical experiential learning that predictably **delivers positive relational change quickly**.



Our work is **based on teaching together as a couple**. We focus on practical tools that work for people who are busy and stressed.

We model these tools using real, unrehearsed issues from our own lives. We roll up our own sleeves and join you in **the ongoing work of creating a great relationship**—starting with ourselves.

As we each change with time, learning from our differences never ends. xo

Committed to results—a field of **authenticity and generosity** sets the table for **meaningful conversations and fulfilling experiences** with your beloved—leading to a better and happier life.