



Relating with Heart—Essentials

- ♥ *If you love each other, but struggle to get along and stop hurting each other*
- ♥ *If you are in a long term loving relationship that is missing the sensual spark it once had*
- ♥ *If you are devoted parents who want to avoid having destructive arguments in front of your children*
- ♥ *If you want to be respected and understood, but feel frustrated trying to get through*

March 16-17

Boulder or Longmont CO
 Friday evening from 5:30 to 9:30 PM
 Saturday from 9:00 AM to 6:30 PM
 Plus a half day to complete on your own.

\$225/person until March 6th
 or \$275 thereafter.

Includes two FREE follow-up eves
 to build and sustain your progress—
 (\$200 value). Monday 3/26 & 4/09

www.RelatingWithHeart.com/Essentials

Additional information or questions:
 Robin at 303-946-6030 or
Robin@RelatingWithHeart.com

This course is led by PAIRS Master Teachers
 Robin Temple MA MSW and Mike Moore PLS
 The average rating for overall satisfaction with
 the course (on a scale of 1-10) = **9+**

Set aside time for an intimate connection

This workshop offers a supportive and safe environment which can make all the difference in how you relate. You will have relevant and practical conversations with your partner where both of you feel heard and understood at a new level of closeness and intimacy.

I enjoyed the intentional, comfortable intensity of two days focused on our marriage. It was a great weekend!
 —School teacher

Resolve problems and mend hurts quickly

Clear up misunderstandings and chronic complaints so you can stop fighting and enjoy being together.

My parents can now fight, get over it and still be loving.
 —Teenager

Supports all your relationships

Prevent alienation and become more effective at home, with other family members, and at work. Take pride in the example you are setting.

I learned an amazing collection of practical tools that I can actually use and that are working for me in all my close relationships. My only regret is not having had these skills a long time ago.
 —Business consultant

Rekindle the pleasure

You will learn simple and effective ways to maintain connection even when—or especially when—you are otherwise busy, pre-occupied or stressed. Everything is easier and more fun when there is a background of goodwill.

One of the most valuable things I've ever done. I'm much more effective in what I do at work and how I communicate with my children... This will allow us to really enjoy our life...
 —CEO NASDAQ Corporation

Education, not therapy

Relax in the realization that you are not alone in having challenges. Your work with your partner will be in private. We will provide you with coaching support to resolve issues with more ease using a simple and fair system.

I love the humor. Seeing you model working through real life issues was an inspiration and a huge help.
 —Reg. Nurse